

Everything Herbs : The Next Best Thing to Your Doctor



EDUCATIONAL MATERIAL
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***Note: For 1-ounce size, simply put a "1" in front of the code. For a 4-ounce size, simply put a "4" in front of the code. Use the search box at www.everythingherbs.com to obtain additional, extensive information.**

A.-W (ARW) - Helps to maintain healthy joint and muscle tissue.* (Alfalfa, Juniper Berry, Dandelion Root, Oregon Grape, Echinacea, Knitbone, Wild Rose Hips, Bitter Orange).

Acerola Cherry (ARC) - Beneficial to maintain strong, healthy connective tissue.*

A.E.A.-B (AEA) - Beneficial for supporting a healthy respiratory and sinus system.* (Indian Tobacco, Herbal Adjustment, Thyme, Wild Rose Hips, Licorice Root).

A.F.-R (AFR)- Helps support a healthy immune system.* (Herbal Adjustment, Golden Seal, Wild Rose Hips, Licorice Root).

A.G.-W (AGW) - Helps to relief of occasional gas and upset stomach.* (Ginger, Fennel, Catnip, Angelica, Peppermint Leaves).

A.IF.-T (AIF) - Supports a healthy respiratory system.* (Licorice Root, Sage, Chamomile, Calendula, St. John's wort).

Alfalfa (ALF) (liquid & capsules) (100 ct) - Beneficial for soothing the occasional upset stomach and maintaining joint comfort.*

All Cells Salts (ACS) (liquid & capsules) (100 ct) - Provides electrolytes and minerals for the maintenance of good health.* (Arrowroot, Atlantic Kelp, Bladderwrack, Irish Moss).

All Heal (AHL)- Beneficial for overall good health.*

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Aloe (ALO) - Pure Herbs Aloe is beneficial for the occasional upset stomach, occasional constipation and for maintaining digestive health.*

NOTICE: This product contains cape aloe. Read and follow directions carefully. **Do not use if you have or develop diarrhea, loose stool, or abdominal pain because cape aloe may worsen these conditions and be harmful to your health.** Consult your physician if you have frequent diarrhea or if you are pregnant, nursing, taking medication or have a medical condition.

Alum Root (ALU) - Beneficial for maintaining a healthy digestive tract.*

A.M.F.-W (AMF) - Beneficial for overall good health.* (A.C.S., Vita-Lixir, Mullein, Blessed Thistle, Gentian, Siberian Ginseng, OI #11, Mugwort).

Angelica (ANG) - Pure Herbs Angelica is beneficial for maintaining healthy digestion.*

A.P.-W (APW)- Supports a healthy immune and gastrointestinal system.* Helps to relieve occasional menstruation discomfort.* Helps to maintain a healthy urinary tract system.* (Parsley, Sage, Rosemary, Thyme).

Arnica (ARN) - Beneficial for supporting the nervous system.* Provides support for your bones.*

ART.-C (ART) - Helps to provide occasional joint relief after periods of exercise.* (Licorice Root, Devil's Claw, Yucca, African Aloe).

NOTICE: This product contains cape aloe. Read and follow directions carefully. **Do not use if you have or develop diarrhea, loose stool, or abdominal pain because cape aloe may worsen these conditions and be harmful to your health.** Consult your physician if you have frequent diarrhea or if you are pregnant, nursing, taking medication or have a medical condition.

Ashwagandha (ASH) - Pure Herbs Ashwagandha is beneficial for maintaining healthy adrenal glands.* Pure Herbs Ashwagandha is beneficial for providing energy and relieving stress.* Pure Herbs Ashwagandha is beneficial for improving memory and increasing concentration.*

Astragalus (AST) - Beneficial for supporting the immune system, maintaining healthy digestion and adrenal support.*

A.T.B.-T (ATBT) - Helps maintain healthy circulation and blood flow.* (Sassafras, Meadowsweet, Willow, Horse Chestnut Leaf, Red Clover Flowers, Guaco, Guacatonga, Gentian, Marshmallow, Gravel Root, Knitbone).

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Barberry (BAR) - Beneficial for digestive health, urinary tract health and the immune system.*

Basil (BAS) - Beneficial for occasional gas and bloating and for maintaining the digestive system and kidney function.*

Bayberry (BAY) - Beneficial for healthy sinuses.*

B. & B.-W (BBW)- Helps in the maintenance of a healthy nervous system and promotes a feeling of calmness.* (Blue Vervain, Blue Cohosh, Black Cohosh, Indian Tobacco, Scullcap).

B.C.-W (BCW) - Provides the building blocks for healthy blood.* (Yellow Dock, Burdock, Greasewood, Red Clover, Dandelion Root, Barberry, Yarrow, Sarsaparilla, Gentian, Black Cohosh).

B.D.R.-C (BDR) - Beneficial for maintaining healthy connective tissue and cartilage.* (Dulse, Red Clover, Sunflower Seeds, Black Walnut Hulls, Sarsaparilla, Flax, Lapacho, Horsetail, Oatstraw, Knitbone, White Oak Bark, Peppermint Leaf, Ginger Root, Grape Seed, Chippewa Pine, Rhizome Drynariae).

Bee Pollen (BEE) - Beneficial for energy, adrenal support and immune support.*

Bee Pollen "Special" (BPS)- Pure Herbs Bee Pollen "Special" is beneficial for energy.* Pure Herbs Bee Pollen "Special" is beneficial for adrenal support.* Pure Herbs Bee Pollen "Special" is beneficial for immunity support.* (Bee Pollen, Licorice Root, Elderberry).

Bee Propolis (BPR) - Pure Herbs Bee Propolis provides antioxidants for the maintenance of good health.* Pure Herbs Bee Propolis is beneficial for supporting your immune system.* Pure Herbs Bee Propolis helps support healthy adrenal function.* Pure Herbs Bee Propolis is beneficial for improving energy levels.*

Bee Propolis (preferred) (BPP) - Bee Propolis preferred is beneficial for fatigue and energy.* Bee Propolis preferred is beneficial to boost stamina.*

Beet Root (BRT)- Pure Herbs Beet Root is a source of minerals and is beneficial for maintaining a healthy, clean liver to promote the body's normal detoxification process.*

Bilberry (BIL) - Pure Herbs Bilberry is beneficial for overall eye health.*

Bistort (BIS) - Beneficial for sinus and respiratory health.*

Bitter Orange (BTO)- Beneficial for sinus and respiratory support.*

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Black Cohosh (BKC) - Pure Herbs Black Cohosh is beneficial to alleviate menopausal discomfort.*

Black Currant (BCR)- Beneficial for maintaining healthy connective tissue.*

Black Walnut (BKW)- Pure Herbs Black Walnut is beneficial for healthy nerve function.*

Black Walnut Meats (BWM) - Pure Herbs Black Walnut Meats is beneficial for maintaining healthy connective tissue and cartilage.*

Bladderwrack (BLD) - Beneficial for maintaining muscle strength and supporting healthy thyroid function.*

Blessed Thistle (BTH) - Pure Herbs Blessed Thistle is beneficial for aiding in digestion and relieving the occasional upset stomach.* Pure Herbs Blessed Thistle is beneficial for oxygenation of the blood stream and promoting good health and energy.*

Blueberry Leaf (BLB)- Beneficial for overall eye health, including night vision and for maintaining healthy blood sugar already within normal range.*

Blue Cohosh (BLC) - Helps maintain healthy menstrual cycle and nourish the reproductive system.*

Blue Flag (BLF) - Beneficial for liver health, maintaining a healthy lymphatic system and reducing fluid retention.*

Blue Steele (BLS) - Designed to enhance virility, vitality and pleasure and to increase sexual desire.* (Damiana, Dong Quai (Chinese Angelica herb), Korean Ginseng, Sarsaparilla, Saw Palmetto, Elderberry, False Unicorn Root, Yokum, Siberian Ginseng, French Vanilla, Wood Betony, Indian Tobacco).

Blue Vervain (BLV) - Beneficial to maintain healthy nerves and for healthy detoxification.*

B. & N.C.-W (BNC) - Beneficial for nourishing the autonomic (involuntary) nervous system.* Provides neuroprotective support for a healthy nervous system.* (Alfalfa, Parsley, Chamomile, Gotu Kola, Barberry, Black Walnut, Scullcap).

Boneset (BON) - Beneficial for boosting immunity.*

Borage - Beneficial for chest and lung health.*

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B.P.-W (BOR) - Helps to support a healthy circulatory system.* (Peach Leaf, Stillingia, Red Clover, Bee Pollen, Greasewood, Buckthorn, Inkberry, Prickly Ash)

Brewer's Yeast (BRY) - Beneficial for energy and digestive health.*

Broad Beans (BRB)- Pure Herbs Broad Beans are good for overall good health and a source of calcium, magnesium, protein and fiber.* (Selected Broad Beans).

Buchu (BCU)- Promotes healthy reproductive organs and genito-urinary tract function.* Supports a healthy gastrointestinal tract and relief of occasional gas.*

Buckthorn (BKT) - Pure Herbs Buckthorn is beneficial as a gentle bowel cleaner.* Pure Herbs Buckthorn is beneficial as dietary source of fiber.* Pure Herbs Buckthorn is beneficial to maintain healthy bowel flora.*

NOTICE: This product contains buckthorn also known as cascara sagrada. Read and follow directions carefully. **Do not use if you have or develop diarrhea, loose stool, or abdominal pain because buckthorn may worsen these conditions and be harmful to your health.** Consult your physician if you have frequent diarrhea or if you are pregnant, nursing, taking medication or have a medical condition.

Bugleweed (BUG) - Pure Herbs Bugleweed is beneficial as a tonic for good health.* Pure Herbs Bugleweed is beneficial for circulation and support of healthy blood vessels.*

Burdock (BUR) - Supports healthy kidney function.* Supports detoxification of skin, liver and lymphatic system.*

Butcher's Broom (BBM) - Beneficial for maintaining healthy bones and for soft tissue support.* Helps to support healthy circulatory system.*

CA.-W (CAW) - Helps to provide temporary relief of muscle cramps and joint discomfort after extended periods of exercise.* Provides beneficial nutrients for the maintenance of good health.* (Horsetail, Oat Straw, Knitbone, Dulse, Red Raspberry Leaf, Indian Tobacco).

Calendula (CAL) - Pure Herbs Calendula is beneficial to maintain healthy circulation and digestion.* It also assists in supporting the overall health of your skin.*

Can-Sol (CAN) (liquid & capsules **CCAN**) (100 ct) - Pure Herbs Can-Sol is beneficial for maintaining healthy intestinal flora.* (Greasewood, Purple Loosestrife, White Pond Lily).

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Capsicum (CAP)- Helps to support a healthy circulatory system.*

Carpenter's Square (SQU)- Helps to support a healthy lymphatic system.*

Carrot Root (CAR)- Beneficial support for eye and skin health.* Supports healthy digestion.*

Cascara Sagrada (CAS) (liquid & capsules CCAS) (100 ct) - Pure Herbs Cascara Sagrada is beneficial for occasional constipation.*

NOTICE: This product contains cascara sagrada. Read and follow directions carefully. **Do not use if you have or develop diarrhea, loose stool, or abdominal pain because cascara sagrada may worsen these conditions and be harmful to your health.** Consult your physician if you have frequent diarrhea or if you are pregnant, nursing, taking medication or have a medical condition.

Catnip (CAT) - Provides nourishment for the nervous system.* Helps to relieve temporary muscle spasms.* Helps to relieve occasional gas.*

C.C.-W (CCW) - Helps to support a healthy immune system.* (Sage, Eucalyptus, Bistort, Horehound, Wild Cherry Bark).

C.C.E.-W (CCE) - Beneficial for the relief of occasional constipation.* (Aloe, Angelica, Camphor, Milk Thistle, Manna, Myrrh, Turkey Rhubarb, Saffron, Senna, Spikenard, Zeodary).

NOTICE: This product contains Senna also known as Alexandria Senna and Cape Aloe. Read and follow directions carefully. **Do not use if you have or develop diarrhea, loose stool, or abdominal pain because Senna may worsen these conditions and be harmful to your health.** Consult your physician if you have frequent diarrhea or if you are pregnant, nursing, taking medication or have a medical condition.

Cedar Berries (CDR) - Pure Herbs Cedar Berry is beneficial in maintaining respiratory health and supporting a healthy immune system.*

Celandine (CEL) - Helps to maintain a healthy circulatory system.* Pure Herbs Celandine is beneficial for occasional use as a diuretic.*

Celery Seed (CES) - Supports healthy kidney and bladder function.*

Chamomile (CHA)- Pure Herbs Chamomile is beneficial for maintaining healthy nerve function.* Pure Herbs Chamomile is calming and promotes relaxation.*

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Chaste Tree Berry (CHS) - Pure Herbs Chaste Tree Berry is beneficial for relieving hot flashes and the discomfort of menopause.*

Chestnut Leaf (CHL)- Maintaining the health of the tissue in the respiratory tract.* Maintaining healthy lung and sinus tissue.* Maintaining a healthy respiratory system.*

C.H.E.-B (CHE) - Helps to support a healthy respiratory tract.* (Coltsfoot, Astragalus, Olive Leaf, Eucalyptus, Yerba Santa, Mullein, Indian Tobacco, Marshmallow, Gentian, Blessed Thistle, Bilberry).

Chicken Collagen (capsules) (100 ct) - To maintain joint comfort.*

Chickweed (CKW)- Pure Herbs Chickweed is beneficial to assist with weight loss, along with diet and exercise.* Pure Herbs Chickweed is beneficial as a tonic for good health.* Pure Herbs Chickweed is beneficial for joint comfort and support.* Pure Herbs Chickweed is beneficial to help maintain the body's normal inflammatory response.*

Chicory (CRY) - Pure Herbs Chicory is beneficial for digestion.* Pure Herbs Chicory is beneficial for liver health.* Pure Herbs Chicory contributes to a healthy glucose metabolism and helps to maintain healthy blood pressure already within the normal range.*

Chippewa Pine (PIN) - Helps support a healthy respiratory system.*

Chlorella (CHO) - Chlorella is beneficial for overall nutrition.*

Chuchuhuasi (CHU)- Chuchuhuasi is beneficial for maintaining joint comfort.* Chuchuhuasi helps to enhance immune system.*

Cilantro (CIL) - Pure Herbs Cilantro is beneficial for digestion.* Pure Herbs Cilantro is beneficial for the occasional relief of an upset stomach.*

Cinchona Bark (CIN)- Cinchona bark provides beneficial nutrients required to maintain blood health.*

Cleavers (CLV) - Pure Herbs Cleavers is beneficial for maintenance of kidney and urinary system health.*

Cloves (CLO) - Pure Herbs Cloves is beneficial for calming occasional nausea.* Pure Herbs Cloves is beneficial for oral health.*

Coltsfoot (CLT) - Pure Herbs Coltsfoot is beneficial for maintaining a healthy respiratory tract and immune system.*

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Cornsilk (CRN) - Helps to maintain a healthy urinary tract.*

Cornsilk Combination (COR)- Helps to maintain a healthy urinary tract.* Helps to relieve occasional urinary discomfort.* (Cornsilk, Uva Ursi, Gravel Root).

Crampbark (CMP)- Promotes the maintenance of good health.* Helps to alleviate cramping during menstruation.* Supports a healthy menstruation.*

Crampbark & False Unicorn (CFU) - Beneficial for supporting male and female reproductive functions.* (Crampbark, False Unicorn).

Cranesbill (CRB) - Pure Herbs Cranesbill is beneficial for relief of occasional diarrhea.* Beneficial support for healthy menstruation.*

C.S.-W (CSW) - Supports healthy circulatory system function.* Supports digestive function.* (H.T., Lily-Of-The-Valley, Blessed Thistle, Capsicum).

CST.-M – (CST) Supports a healthy urinary tract.* (Celandine, Milk Thistle, Jerusalem Artichoke, Turmeric, Barberry, Sanicle).

Cudweed (CUD)- Promotes calmness, decreases stress and improves mood.*

Culver's Root (Black Root) (CRT)- Supports a healthy liver and gall bladder.* Helps to relieve occasional constipation.* Digestive support.*

D.-W (DIW) - Helps to support a healthy digestive function.* (Gentian, Ginger, Juniper Berries, Safflowers).

Damiana (DAM) - Beneficial for increasing sexual desire.*

DAN.-C (DAN) - This combination of herbs is beneficial for calming nerves and relieving tension.* (Evening Primrose, Lady's Slipper, Blue Vervain, Rice Bran, St. John's Wort, Horsetail, Feverfew, Indian Tobacco, Wormseed, Cudweed, Universal E.R).

Dandelion Leaf (DLF) - Pure Herbs Dandelion Leaf is beneficial for maintaining healthy eyes and skin.* Pure Herbs Dandelion Leaf is beneficial for maintaining healthy liver, kidneys & blood.*

Dandelion Root (DLR)- Pure Herbs Dandelion Root is beneficial for occasional stomach discomfort.* Pure Herbs Dandelion Root is beneficial for maintenance of liver and gall bladder health.* Digestive support.*

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DB.8-W (DB8) - Beneficial for maintaining healthy blood glucose levels already within the normal range.* Helps to enhance energy level.* (Lapacho, Yarrow, Blueberry Leaf, Elecampane, Golden Seal, Gentian, Mugwort, Bugleweed).

Devil's Claw (DEV)- Pure Herbs Devil's Claw is beneficial for maintaining joint comfort and health.*

Dong Quai (DNQ)- Pure Herbs Dong Quai is beneficial for menopausal discomforts.*

DSK (DSK) - Helps to maintain the body's natural response to inflammation.* (Knitbone, Valerian Root, Willow Bark, Papaya Fruit).

Dulse (DLS)- Pure Herbs Dulse is beneficial to help maintain healthy thyroid function.*

E.-W (EYW) - Supports a healthy circulatory system.* Beneficial in the maintenance of eye health.* (Wood Betony, Eyebright, Bayberry).

Eazy Co-Q-10 - (SOFT GELS 100 ct) (50 ct) - Pure Herbs EAZY Co-Q-10 capsules are beneficial for energy production, cardiovascular health, maintaining a healthy nervous system and for overall health.*

Echinacea (ECH) - Pure Herbs Echinacea is beneficial for strengthening the immune system.*

E. & E.-B (EEB) - Beneficial for nourishing and maintaining healthy circulation to the eyes.* (All Heal, Bayberry, Gentian, Golden Seal, Gravel Root, Chickweed, Peach Leaf, Dandelion Leaf and Root, Purple Loosestrife, Eyebright, Wheat Germ, Ginger, Wood Betony).

E. & F.-W (EFW) - Helps to enhance energy levels and mental performance.* Supports healthy adrenal gland function.* Supports healthy digestive function.* (Siberian Ginseng, Dong Quai, Juniper Berry, Bee Pollen, Licorice Root, Peppermint Leaf, Capsicum, Gentian, Blessed Thistle, Eyebright).

E.H.-T (EHT) - Pure Herbs E.H.-T provides an increase in energy and is a tonic for overall good health.* Pure Herbs E.H.-T helps relieve occasional restlessness and/or nervousness.* Pure Herbs E.H.-T supports a healthy circulatory system and venous tissue.* (Rice Bran, Life Everlasting (Cudweed), St. John's Wort, Gotu Kola, Lady's Slipper, Kava Kava).

Elderberry (ELD) - Pure Herbs Elderberry is beneficial for supporting a healthy immune system and respiratory system.*

Elecampane (ELE)- Pure Herbs Elecampane is beneficial for overall good organ health.* Pure Herbs Elecampane is beneficial for the maintenance of a healthy respiratory system.*

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END-J (END) - Helps to relieve menstrual discomfort.* (Yarrow, Turkey Rhubarb, Partridge Berry, Burdock, Marshmallow).

E.O.-W EOW) - Promotes a feeling of calming and relaxation.* (Indian Tobacco, Chamomile, Catnip, Arnica).

E.R.Two-W (ERT) - Beneficial for calming nerves.* (Vervain, Vine (Wild Grape), Mustard, Schleranthus, Gorse, Chicory, Honeysuckle).

E.R.Two W/Mimulus ((ERM) - Beneficial for calming nerves.* (Vervain, Vine (Wild Grape), Mustard, Schleranthus, Gorse, Chicory, Honeysuckle, Mimulus).

E.T.-B (ETB) - Helps to support a healthy immune system and lung health.* (Plantain, Echinacea, Coltsfoot, Horehound, Myrrh, Blessed Thistle, Juniper Berries, Yerba Santa).

E.T.I.-W (ETI) - Beneficial to maintain throat health.* (Echinacea, Myrrh, Licorice Root, White Oak Bark).

Eucalyptus (EUC) - Pure Herbs Eucalyptus is beneficial for maintaining healthy respiratory function.*

Eucalyptus Oil (EUO)- Pure Herbs Eucalyptus Oil is beneficial for maintaining healthy respiratory function.*

Evening Primrose (EVP) - Pure Herbs Evening Primrose is beneficial for maintaining the health of the nervous system and brain.*

Eyebright (EYE)- Eyebright is beneficial for the maintenance of eye and sinus health.*

False Unicorn Root (FUR)- Pure Herbs False Unicorn Root is beneficial for reproductive health.* Pure Herbs False Unicorn is beneficial to maintain healthy digestive function.* Pure Herbs False Unicorn Root helps to maintain a healthy gastro-intestinal tract.*

Fennel (FEN)- Helps to relieve occasional gas.* Helps to relieve menstrual discomfort.* Supports healthy digestive function.*

Fenugreek (FRK) - Pure Herbs Fenugreek is beneficial for maintaining a healthy, clean lymphatic system and aiding in digestion.*

Feverfew (FEV)- Pure Herbs Feverfew is beneficial for maintaining reproductive and urinary health.* Pure Herbs Feverfew is beneficial for maintaining a healthy digestive system.*

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Figs (liquid FIG & capsules) (100 ct) - Pure Herbs Figs are beneficial for the maintenance of a healthy gastro-intestinal tract.* Provides relief of occasional constipation.*

"Five Good" (FIV)- Provides nourishment for the body.* (Pearl Barley, Rye, Millet, Sunflower Nuts, Sesame Seeds).

Five Oils (OIL)- Helps to maintain healthy respiratory function and breathing.* (Wintergreen Oil, Cajeput Oil, Eucalyptus Oil, Peppermint Oil, Mullein Oil).

Flax (FLX) - Pure Herbs Flax is beneficial for occasional constipation.* Pure Herbs Flax helps maintain healthy cholesterol levels already within the normal range.* Pure Herbs Flax is beneficial for strengthening the whole body and overall good health.*

Flax & Flax Lignans (CFFX) (capsules) (100 ct) - Pure Herbs Flax is beneficial for occasional constipation.* Pure Herbs Flax helps maintain healthy cholesterol levels already within the normal range.* Pure Herbs Flax is beneficial for strengthening the whole body and overall good health.*

Formula M (FRM) -This combination of herbs and sea vegetables all together is a multi-vitamin source and is beneficial for the maintenance of good health.* (Wild Rose Hips, Wheat Germ, Rice Bran, Dandelion Leaf, Organic Carrots, Raw Sunflower Nuts, Bee Pollen, Gentian, Bladderwrack, Irish Moss, Arrow Root, Kelp, Myrrh, Motherwort, Hawthorn, Oregon Grape, Wild Blue Iris, Marshmallow, Stillingia, Mullein).

Formula Max (MAX) - Helps to maintain overall good health.* Supports a healthy nervous and cardiovascular system.* Supports healthy digestive function.* Helps to enhance energy level.* (All Cells Salt, Vita-Lixir, Brewers Yeast, Formula Three, Saw Palmetto, Mullein, Blessed Thistle, Gentian, Ol#11, B. & N.C.-W, H.T. Comb.).

Formula Thirty-One (F31) - Helps to maintain a healthy circulatory system.* (Black Walnut Leaves, Bugleweed, Black Cohosh, Hawthorn, Lily-Of-The-Valley, Irish Moss, trace Calcium Chloride).

Formula Three (FRT) - Pure Herbs Formula Three helps to promote an increase in energy.* (Licorice Root, Bee Pollen, Siberian Ginseng).

Formula Twelve (FRW) - Helps to nourish and support a healthy gastrointestinal tract.* (Slippery Elm, Marshmallow Root, Knitbone).

F.P.-W (FPW) - Helps to relieve menstrual discomfort and nourish the reproductive system.* Helps to maintain a healthy menstrual cycle.* (White Pond Lily, Black Cohosh, Sarsaparilla, Blue Cohosh, Passion Flower).

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French Vanilla (FRV) - Helps to relieve stress.*

F.V.E.-W (FVE)- Helps to maintain a healthy immune system.* (Wild Rose Hips, Golden Seal, Myrrh, Chickweed).

Garlic (GAR)- Beneficial for the maintenance of healthy circulatory function.* Helps to maintain healthy blood pressure already within a normal range.* Supports cardiovascular health.*

Garlic & Mullein Oil (GMO) - Promotes normal respiratory function.* (Garlic Oil, Oils of Mullein, Mullein Flowers).

G.B.-B (GBB)- Supports healthy digestive function.* (Purple Loosestrife, Culver's Root, Barberry, Bee Propolis)

Gentian (GEN) - Pure Herbs Gentian is beneficial for digestive function.*

G.F.-G (GFG) - Helps to nourish and support thyroid function.* (Plantain, Fennel, Burdock, Hawthorn Berries, Kelp, Bladderwrack).

Ginger Root (GIN) - Pure Herbs Ginger is beneficial for occasional upset stomach and bloating.* Pure Ginger supports healthy digestion function.* Pure Herbs Ginger is beneficial for maintaining healthy circulation.*

Ginkgo (GNK) - Pure Herbs Ginkgo may help support mental sharpness and healthy brain function.* Pure Herbs Ginkgo supports blood flow to the brain and extremities.*

Ginkgo Comb. (GCO) - Helps enhance memory and cognitive function.* Helps to support a healthy circulatory system.* (Ginkgo, Gotu Kola, Blessed Thistle).

GO.-W (GOW) - Helps to enhance energy level.* (Bitter Orange, Bee Pollen, Eyebright, Licorice Root, Gentian, Prickly Ash, Capsicum).

Gold Thread (GTH) - Pure Herbs Gold Thread is beneficial as a digestive aid.* Pure Herbs Gold Thread is beneficial for soothing the occasional upset stomach.*

Golden Bough (Mistletoe) (GBH)- Pure Herbs Golden Bough is beneficial to help calm nerves.* Pure Herbs Golden Bough is beneficial for the support of a healthy nervous system.* Pure Herbs Golden Bough is beneficial to support a healthy circulatory system.*

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Golden Days (GLD) - Beneficial for fluid retention.* (Ground Ivy, Elecampane, Siberian Ginseng (Hemidesmus indicus), Bladderwrack, Fenugreek).

Golden Sea (GSL) - Helps to maintain a healthy gastro-intestinal tract.* Helps to support digestive function.* Beneficial as a tonic for increased appetite.* Helps to relieve occasional constipation.*

Golden Seal & Echinacea (GSE) - Helps to support a healthy immune system.* (Golden Seal, Echinacea).

Gotu Kola (GOK) - Beneficial for improving memory.* Beneficial for maintaining healthy blood pressure already within the normal range.* Beneficial for maintaining a healthy circulatory system.*

Grape Seed (GRP) - Supports a healthy immune system.*

Gravel Root (GVL) - Beneficial for maintaining healthy kidney and urinary function.*

Greasewood (GRE) - Pure Herbs Greasewood is beneficial for the occasional upset stomach.* Pure Herbs Greasewood is beneficial for weight reduction as part of a diet and exercise routine.* Pure Herbs Greasewood is beneficial to maintain a healthy respiratory system.*

(Green Hull) Black Walnut (GHW) - Helps maintain healthy thyroid function.* Beneficial in the maintenance of healthy tissue.* Encourages detoxification.*

Ground Ivy (IVY) - Provides the building blocks for healthy blood.*

Hawthorn (HAW) - Helps to maintain and/or support cardiovascular health in adults.*

H.B.-W (HBW) - Helps to enhance cognitive function under periods of mental exertion.* Helps to improve memory function.* Supports a healthy nervous system and promotes normal respiratory function.* (Sarsaparilla, Ginger, Gotu Kola, Siberian Ginseng, Wild Rose Hips).

Hedge Apple - Provides you with the support you need to stay alert and mentally focused.*

Herbal Adjustment (ADJ) (liquid & capsules CADJ) (100 ct) - Stimulates brain function.* (Black Cohosh, Blue Vervain, Capsicum, Indian Tobacco, Siberian Ginseng).

He Shou Wu (HES) - Helps to enhance energy levels.* Supports a healthy circulatory system.*

Hibiscus Flowers (HIB) - Beneficial for maintaining health blood pressure already within the normal range.* Helps to support a healthy circulatory system.*

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HI.I.-W (HIW) - Sharpens memory and focus.* (Thyme, Yellow Dock, Red Raspberry Leaf, Indian Tobacco).

HI.K.-W (HIK) - Beneficial for overall good health.* (Dulse, Peppermint, Parsley, Dandelion Leaf, Yarrow).

H.L. One-W – (HLO) Helps to relieve occasional constipation.* (Buckthorn, Turkey Rhubarb, Cascara Sagrada, Fennel, Pumpkin Seed).

NOTICE: This product contains cascara sagrada and Buckthorn. Read and follow directions carefully. **Do not use if you have or develop diarrhea, loose stool, or abdominal pain because cascara sagrada may worsen these conditions and be harmful to your health.** Consult your physician if you have frequent diarrhea or if you are pregnant, nursing, taking medication or have a medical condition.

H.L. Two-W – (HLT) Helps to relieve occasional constipation.* (Senna, Mayapple, Sweet Root, Fennel, Turkey Rhubarb).

NOTICE: This product contains Senna also known as Alexandria Senna. Read and follow directions carefully. **Do not use if you have or develop diarrhea, loose stool, or abdominal pain because Senna may worsen these conditions and be harmful to your health.** Consult your physician if you have frequent diarrhea or if you are pregnant, nursing, taking medication or have a medical condition.

H.M.E.-H –(HME) Supports healthy kidney function.* (All Cells Salt, Horsetail, Oat Straw, Siberian Ginseng, Wheat Germ).

H.N.S.-W (HNS) - Helps to promote healthy development of skin, nails and hair.* Helps to promote an increase in energy.* Supports healthy thyroid function.* (Dulse, Horsetail, Rosemary, Sage).

Hoodia (HOO) - Helps to suppress appetite and support weight loss.*

Hoodia Combination (HOC) - Helps to suppress appetite and support weight loss.* (Hoodia gordonii, Acerola Cherry, Red Raspberry Leaf, Pumpkin Seed, Sunflower Seed, Dandelion Leaf, Horsetail, Bladderwrack, Chlorella, Cascara Sagrada).

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frequent diarrhea or if you are pregnant, nursing, taking medication or have a medical condition.

Hops (HOP) - Helps to maintain a healthy circulatory system.* Helps to relieve nervousness and support a feeling of calmness to assist in healthy sleep patterns.*

Horehound (HOR)- Helps to support a healthy immune system.* Helps to relieve menstrual discomfort.*

Horsetail (HRS) - Beneficial for maintaining healthy blood pressure already within the normal range.* Helps to support a healthy circulatory system.* Horsetail is beneficial for proper joint function.* Promotes growth of healthy hair and nails.*

HR.-F (HRF) Provides nourishment for growth and health of your hair.* (Sage, Horsetail, Capsicum, Echinacea, Rosemary, Barberry, Yarrow, Royal Jelly).

H.T. Combination (HTC) (liquid or capsules CHTC) (100 ct) - Supports healthy cardiovascular function and helps to maintain healthy arteries and blood vessels.* (Hawthorn, Myrrh, Motherwort).

Hydrangea (HYD) - Hydrangea is beneficial for maintaining kidney and bladder health.* Helps alleviate minor aches and pains associated with daily life.*

HYG.-W (HYG) - Helps to maintain healthy blood sugar levels already within the normal range.* Enhances energy and focus.* (Bee Pollen, Licorice Root, Rice Bran, Sweet Root, Juniper Berry).

Hyssop (HYS) - Helps to maintain healthy blood pressure already within the normal range.* For the maintenance of blood health.*

Indian Tobacco (TOB) (Lobelia) - Indian Tobacco is beneficial for the relief of stress.* Helps to relieve occasional muscle cramps and spasms associated with exercise.*

Inkberry (INK)- Helps to maintain a healthy respiratory and immune system.*

Irish Moss (IRH)- Pure Herbs Irish Moss is beneficial as a stool softener for occasional constipation.*

IM.S-W (IMS)- Helps to support a healthy immune system.* (Juniper Berry, Marshmallow, Mullein, Sweet Root, Carpenter's Square, Black Cohosh, Sarsaparilla, Lapacho)

IS.-F – (ISF) Beneficial for nourishing the eyes and the maintenance of eye health.* (Bilberry, Quack Grass, Rosemary, Juniper Berry, Rue, Capsicum, Eyebright).

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I.V.-H - (IVH) Supports healthy immune and respiratory function.* (Myrrh, Olive Leaf, Wild Rose Hips, Yarrow).

I.V.Y.-D –(IVD) Supports healthy immune function.* (Blue Flag (Wild Blue Iris), Spring Violet, Yarrow).

Jerusalem Artichoke (JAK) - Supports healthy digestive function.* Supports healthy metabolism of carbohydrates, fats and proteins.*

Jewel Weed (JEW) - Helps maintain the structure of the skin.* Helps to support the health of the skin.* Helps maintain the healthy functioning of the skin.* Helps maintain the healthy functioning of the glands in the skin.*

Juniper Berries (JUN) - Pure Herbs Juniper Berries is beneficial to maintain a healthy digestive system.* Pure Herbs Juniper Berries is beneficial for occasional bloating.*

Kava Kava Comb (KAV). - Helps relieve occasional restlessness and/or nervousness.* (Kava Kava , St. John's Wort, Ginkgo).

Kelp (KLP)- Helps in the function and maintenance of the thyroid gland.* Beneficial as a tonic for maintenance of overall health.*

KID.-W –(KID) Beneficial for the maintenance of healthy kidney function.* (Juniper Berries, Uva Ursi, Parsley, Dandelion Root, Chamomile).

Klamath Weed (KLA) (SEE: St. John's Wort)

Knitbone (KNI) - Helps the body maintain healthy growth of new cells.*

Knitbone & Fenugreek (KNC) - Helps maintain healthy lymphatic system and blood.* (Knitbone, Fenugreek).

Korean Ginseng (KOR)- Pure Herbs Korean Ginseng is beneficial for glandular support.* Pure Herbs Korean Ginseng is beneficial for maintaining a healthy immune system.* Helps maintain joint comfort.*

Kudzu (KUD) - Beneficial for overall health.*

L.-W (LUW)- Helps to maintain a healthy respiratory system.* Supports healthy lung function.* (Yerba Santa, Mullein, Indian Tobacco, Marshmallow, Gentian, Blessed Thistle).

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L.6W – (L6W) Beneficial to aid digestion.* This combination is beneficial for nourishing expectant mothers.* (Blue Cohosh, Pennyroyal, Red Raspberry Leaf, Spikenard, Partridge Berry, Blue Vervain, Angelica).

Lady's Slipper (LAD) - Pure Herbs Lady's Slipper root is beneficial for supporting a healthy nervous system.* Promotes a feeling of calmness.*

Lapacho –(LAP) Pure Herbs Lapacho is beneficial for the immune system.*

L.A.S.-J.B.(CLAS) (capsules only) (100 ct) - Beneficial for healthy lungs and sinus support.* (Fennel, Chinese Horseradish, Marshmallow Root, Mullein, Fenugreek).

L.B.-J – (LBJ) Helps to maintain healthy blood sugar levels already within a normal range.* (Licorice Root, True Saffron, Marshmallow, Milk Weed, Myrrh).

L.B.R.-W – (LBR) This combination of herbs is beneficial for maintaining healthy blood sugar already in the normal range.* This combination of herbs is beneficial for occasional constipation.* (Greasewood, Marshmallow, Butcher's Broom, Barberry, White Oak Bark, Bitter Orange, Angelica, Sweet Root, Senna).

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L.C.-W – (LCW) Supports a healthy lymphatic and circulatory system.* (Oregon Grape, Blue Flag, Marshmallow, Stillingia, Mullein).

Lecithin (CLEC) (softgels) (225 ct.) - Pure Herbs Lecithin is beneficial for helping to support liver function.*

Lemon Grass (LEM) - Helps to maintain a healthy nervous system.*

L.G.-W – (LGW) Supports liver and gall bladder function.* (Burdock, Yellow Dock, Calendula, Turkey Rhubarb).

Licorice Root (LIC) (liquid & capsules - CLIC) (100 ct) - Pure Herbs Licorice Root helps to support a healthy nervous system and adrenal gland.* Helps support a healthy respiratory system and mucous membrane lining of the respiratory tract.*

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Lily Of The Valley & Blessed Thistle –(LOV) Beneficial for maintaining a healthy heart & blood vessels.* It also promotes and enhances brain function, strengthens memory recall, concentration and overall cognitive ability.* (Lily of the Valley, Blessed Thistle).

Linden Flowers (LIN) - Helps to promote a feeling of calmness.* Helps to temporarily relieve nervousness and restlessness for a better night sleep.*

LIV.-J – (LIV) Maintains healthy gall bladder and liver function.* Supports healthy digestive function.* (Wild Yam, Crampbark, Fennel, Ginger, Catnip, Barberry, Aloe (African)).

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Lloyd's Formula (LYD)- Beneficial for the maintenance of blood health.* (Green Hulls (Black Walnut), Cinchona Bark, Cloves).

L.P.-W – (LPW) Helps to maintain joint comfort.* (Angelica, Echinacea, Ginger, Marshmallow, Broad Beans, Spikenard, Eucalyptus, Gentian, Lady's Slipper, Bee Pollen, Prickly Ash, Myrrh).

Maca (MAC)- Helps to support emotional aspects of sexual health.* Helps with mood balance during menopause.* Helps to enhance energy and stamina.*

Male Fern (MAL) - Beneficial as a tonic for overall health.* Helps to support the body's natural ability to remove toxins.*

Manuka Oil (MAO) - Helps to support a healthy respiratory tract.*

Marshmallow (MSH)- Helps to maintain the health of the mucous membranes.*

Mayapple (MAY)- Pure Herbs Mayapple is beneficial for maintaining lung health.* Pure Herbs Mayapple is beneficial for occasional constipation.*

M. & B. -A (MBA) - Beneficial for calming nerves.* (Blessed Thistle, Marshmallow Root, Plantain, Fenugreek, Fennel, Universal E.R).

Meadowsweet (MEA) - Helps to maintain blood health.*

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MEL-W – (MEL) Beneficial for glandular support.* Beneficial for maintaining healthy sleep-wake cycle.* (Alfalfa, Parsley, Chamomile, Gotu Kota, Barberry, Black Walnut, Bee Pollen, Maca).

M.G.-W – (MGW) Provides nourishment that supports healthy adrenal gland function.* Provides nourishment that supports healthy thyroid function.* (Ginger, Sarsaparilla, Licorice Root, Dulse, Gotu Kola, Gentian, Alfalfa, Chamomile).

Milk Thistle (MTH) - Helps to support the maintenance and function of a healthy liver and gall bladder.*

Milkweed (MLK) - Pure Herbs Milkweed is beneficial for the occasional upset stomach.*

Motherwort (MOT)- Helps to boost stamina.*

MP.E.-P (MPEP)- Helps to relieve menopausal discomfort.* (Dong Quai, Wild Yam, Saw Palmetto, Chaste Tree Berry, Black Cohosh, Hops, Ginkgo).

MPS.-I – (MPS) Helps to relieve menopausal discomfort.* (Black Cohosh, Dong Quai, Sarsaparilla, Strawberry Leaf, Damiana, Rosemary, Passion Flower, Evening Primrose, Sunflower Seed, Red Raspberry, Red Clover, Flax Seed).

Mugwort –(MUG) Pure Herbs Mugwort promotes healthy appetite and stomach function.* Promotes healthy levels of bile secretion from the liver.* Helps to relieve temporary muscle soreness from over-exertion.*

Mugwort & Wormseed – (MWS) Helps to maintain healthy blood.* (Mugwort, Wormseed).

Mullein – (MUL) Pure Herbs Mullein is beneficial for the maintenance of healthy connective tissue and supporting a healthy circulatory system.* Helps to maintain a healthy respiratory system.*

Mullein (Flower Oil) (MUO) - Helps to maintain a healthy respiratory system.* Helps to maintain a healthy urinary tract.*

M.Y.O.-C – (MYO) Helps in the development of healthy muscle tissue.* (Broad Beans, Saw Palmetto, Barley, Peppermint Leaf, Sarsaparilla, Sesame Seed, Papaya, Horsetail, Flax, Mugwort, Black Walnut Meats, Oriental Mustard).

Myrrh – MYR Pure Herbs Myrrh is beneficial to promote healthy digestion.* Pure Herbs Myrrh is beneficial for the heart and circulatory system.* Pure Herbs Myrrh is beneficial to boost the body's immune system.*

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N.-W - (NRW) Beneficial for nervous system support.* (Lady's Slipper, Blue Vervain, Scullcap, Hops, Valerian Root).

Nettle (NET) - Supports healthy kidney and urinary tract function.* Supports a healthy circulatory system and blood vessels.*

N.P.-T (NPT) - Helps to relieve temporary nervousness.* (St. John's Wort, Scullcap, Siberian Ginseng, Oatstraw).

N.S.S.-M – (NSS) Beneficial for male reproductive support.* Helps support healthy circulatory systems.* (Blue Steele, Pumpkin Seed, Maca, Sarsaparilla, Gravel Root).

Nutmeg (NUT) - Helps to relieve occasional nausea.* Helps to relieve occasional gas.*

Oat Straw (OAT) - Supports healthy connective tissues.* Supports healthy nervous system.* Beneficial as a tonic for overall health.*

O.C.-M (OCM) (liquid & capsules COCM) (100 ct) - Beneficial for maintaining healthy, clean arteries.* (Ginkgo, Gotu Kola, Chickweed, Flax, Stone Root).

Oil Of Cajeput (CAJ) - Supports healthy respiratory system.*

Olive Leaf (OLI) - Pure Herbs Olive Leaf is beneficial to help boost immunity.* Pure Herbs Olive Leaf is beneficial to help maintain healthy blood pressure already within the normal range.* Pure Herbs Olive Leaf is beneficial for occasional fatigue and muscle soreness.*

OI' Number 11 (OLN)- For support and maintenance of joint health.* (White Oak Bark, Marshmallow, Mullein, Mugwort, Indian Tobacco, Scullcap, Knitbone, Black Walnut Hull, Gravel Root).

Oregon Grape (ORE) - Supports healthy lymphatic system.*

Organic White Grapefruit Peel Oil (GPO)- Pure Herbs Organic White Grapefruit Peel is beneficial for breathing support.*

Osha (OSH) - Helps to support a healthy digestive and respiratory tract.*

P.-W – (PRW) Helps to support prostate health.* (Buchu, Wild Rose Hips, White Pond Lily, Pumpkin, Knitbone).

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P.A.-K – (PAK) Supports a healthy circulatory system and blood health.* (Echinacea, Golden Seal, Virginia Snake Root).

Papaya Mints (PMT) - Beneficial for occasional upset stomach.* (Papaya, Peppermint Leaf, Spearmint Leaf).

Parsley (PAR) - Pure Herbs Parsley provides support for a healthy nervous system.*

Partridge Berry (PRT) - Helps to relieve menstrual discomfort.*

Passion Flower (PAS) - Helps to relieve discomfort associated with menopause.* Helps to relieve occasional muscle spasms.*

P.C.-C – (PCC) This combination of herbs is beneficial for nourishing healthy cells.* (Burdock, Slippery Elm, Turkey Rhubarb, Sheep Sorrel, Marshmallow Root).

Peach Leaves (PCH) - Helps maintain healthy joint function and beneficial for the occasional upset stomach and bloating.*

Pennyroyal (PEN) - Helps maintain healthy menstrual cycle.*

Peppermint Leaf (PEP) - Beneficial for relief of the occasional upset stomach and for relief of muscle spasms from over-exertion.* Supports healthy respiratory system.*

Peppermint Oil (PPO)- Promotes normal respiratory function.*

P.G.-G (PGG) - Helps maintain proper joint function.* Helps support healthy urinary tract function.* (Juniper Berries, Dandelion Root, Turmeric).

Pipsissewa (PIP) - Helps to maintain a healthy urinary tract.* Helps to maintain a healthy prostate.*

Plantain (PLN)- Helps in the healthy development and maintenance of bones, teeth, night vision and supporting the immune system.*

Pleurisy Root (PLU)- Pure Herbs Pleurisy Root supports the maintenance of a healthy respiratory system and circulatory system.*

P.M.S.-W -(PMS) Helps to alleviate discomfort from Pre-Menstrual Syndrome (P.M.S).* (Dong Quai, Gravel Root, Red Raspberry Leaf, Partridge Berry, Blessed Thistle, Black Cohosh, Wild Yam).

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P.N.-W – (PNW) This combination of herbs may help to relieve nausea and vomiting associated with pregnancy.* (Red Raspberry Leaf, Blessed Thistle, False Unicorn Root, Crampbark, Ginger, Partridge Perry).

Potentilla (POT) - Beneficial as a tonic for the maintenance of good health.*

Prickly Ash (PRI) - Beneficial for increased energy.*

Protein (PRO) - Beneficial for overall good health.*

PS BRAIN TREAT (PhosphatidylSerine) (Softgel 30 ct) - This combination of herbs is beneficial to support cognitive function.* (Soybean Oil, Glycerin, Gelatin, Water).

Psyllium Seed Husk (CAPSULES) (100 ct.) CPSY - Pure Herbs Psyllium Seed Husk Capsules are beneficial for helping to relieve occasional constipation.*

Pumpkin Seed (PUM) - Helps to support a healthy immune function.* Beneficial for nourishment of hair and nails.*

Purple Loosestrife (PRP) - Supports healthy liver function.* Beneficial for relief of occasional muscle cramps.*

Pygeum Bark (PYG) - Beneficial for overall good male health.* Helps to support a healthy prostate and urinary tract.*

Q.N.-R (QNR) - Helps to promote a feeling of calmness and relaxation to help relieve occasional sleeplessness and restlessness.* (Chestnut Leaf, Gotu Kola, Gravel Root, Indian Tobacco, Bitter Orange).

Quack Grass (QAK) - Pure Herbs Quack Grass is a beneficial tonic for overall health.*

Quince (QUI) - Beneficial for relief of occasional stomach and intestinal discomfort.*

Red Clover (RCL) - Helps to maintain a healthy immune and respiratory system.*

Red Clover Blend (RCB) - Pure Herbs Red Clover Blended is beneficial for maintaining a healthy urinary and respiratory tract.* (Red Clover, Greasewood, Buchu).

Red Raspberry Leaf (RAS)- Beneficial for overall female health.* Helps to relieve occasional stomach discomfort.*

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Red Root (Blood Root) (RED)- Helps to support healthy gums.*

Reishi Mushroom (REI) - Pure Herbs Reishi Mushroom is beneficial for immune system support.* Supports healthy blood pressure already within a normal range.*

Remember When (REM) - Beneficial for enhancing memory and supporting peripheral circulation.* (Gotu Kola, Gingko, Bladderwrack, Chlorella, Black Cohosh, Wormseed)

RESP.-A - Supports a healthy respiratory system.* (Seneca Snake Root, Guaco, Bitter Orange, Mullein, Blessed Thistle, Acerola Cherries and Knitbone).

Rice Bran (RIC) - Pure Herbs Rice Bran is a beneficial tonic for support of overall health.* Helps to enhance energy levels.*

Rosemary (ROM) - Beneficial for menopausal discomforts.*

Royal Jelly (ROY)- Pure Herbs Royal Jelly is beneficial for menopausal discomforts.* Pure Herbs Royal Jelly is beneficial for glandular support.* Pure Herbs Royal Jelly is beneficial for adrenal support.*

R. & S.-W (RSW) - Supports a healthy nervous system.* Promotes a feeling of calmness to help in providing a restful sleep.* (Valerian Root, Blue Vervain, Lady's Slipper, Chamomile, Scullcap).

R.S.T.-C -(RST) Helps to relieve occasional stiffness and joint discomfort after periods of physical exertion.* (All Cells Salts, Chickweed, He Shou Wu, Skunk Cabbage, Oriental Mustard Seed).

Rue (RUE) - Supports healthy menstruation.*

Rupturewort (RPT)- Supports healthy urinary tract function.*

Safflowers (SAF)- Supports a healthy immune system.* Helps support digestive function.*

Sage (SAG) - Pure Herbs Sage is beneficial as a tonic for healthy body systems.* Pure Herbs Sage is beneficial for counteracting hot flashes and night sweats associated with menopause.* Pure Herbs Sage is beneficial for maintaining healthy digestive and nervous systems.*

Sanicle (SAN)- Pure Herbs Sanicle is beneficial for maintaining healthy, clean arteries.*

Sarsaparilla (SAR) - Provides nourishment for the maintenance of good health and healthy skin.*

Sassafras (SAS) - Beneficial for the maintenance of blood health.* Helps to enhance energy.*

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Saw Palmetto (SAW) - Helps to maintain a healthy prostate.*

S.A.-4 (SA4) - This combination of herbs is beneficial for eliminating waste from the body.* (Guaco, Guacatonga, Picao Preto, Jergon Sacha).

S.B.-T (SBT)- Helps to support a healthy immune system.* (Grape Seed, Echinacea, Mugwort, Sanicle).

S.C.-W (SCW) - Provides nourishment for the maintenance of healthy skin.* (Whole Apricot, Black Cohosh, Quince, Saw Palmetto, A.C.S., Herbal Adjustment, Echinacea, Wheat Germ, Wild Rose Hips).

Scullcap (SCU) - Helps to relieve periods of nervousness and supports a feeling of calmness.* Helps to relieve temporary muscle spasms associated with exercise.* Supports a healthy nervous system.*

S.D.-R (SDR)- Supports healthy kidney and bladder function.* (Stone Root, Gravel Root, Marshmallow Root, Hydrangea Root).

Senna (SEN) - Pure Herbs Senna is beneficial for occasional constipation.* Helps to relieve discomfort from occasional muscle cramping.*

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Sheep Sorrel (WOS) - Pure Herbs Sheep Sorrel is beneficial for overall good health.*

Shepherd's Purse (SHE) - Pure Herbs Shepherd's Purse is beneficial for healthy kidney and bladder function and assists in maintaining healthy urinary flow.*

S.H.-G (SHG) - Supports a healthy circulatory system.* (Lady's Slipper, B.& N.C.-W, Turmeric).

SI.-W (SIW) - Supports a healthy respiratory system.* (Bayberry, Golden Seal, Wood Betony, Gentian, Chickweed, Oregon Grape).

SI.A.-R (SIA) - Helps to support healthy sinuses.* (Golden Seal, Bayberry, Thyme, Indian Tobacco, Capsicum, Wild Rose Hips, Siberian Ginseng, Licorice Root, Blue Vervain, Black Cohosh, Bitter Orange).

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Siberian Ginseng (SIB) - Supports healthy adrenal response to occasional stress and fatigue.*

Skunk Cabbage (SKU) - Helps to support healthy nervous system.*

Slippery Elm (ELM) - Helps to support a healthy gastro-intestinal tract.*

S.M.F.-B (SMF) - Helps to relieve temporary periods of stress.* (Rice Bran, Wild Rose Hips, CA.-W, UR.-W, Pleurisy Root).

S.M. & W.-S (SMW) - Helps to enhance stamina in men and women.* (Sarsaparilla, Pumpkin Seed, Yokum, Wild Yam, Maca, Stone Root).

Sow Thistle (SOW) - Sow Thistle helps to maintain eyesight, skin membranes and immune function.* Sow Thistle helps in the maintenance of bones and teeth.*

Spearmint Oil (SPO) - Helps to relieve occasional nausea and vomiting.* Helps to relieve occasional gas.*

Spikenard (SPK) - Supports a healthy respiratory and immune system.* Beneficial for relief of occasional muscle and joint discomfort associated with exercise.*

Spirulina (SPI)- Helps to provide nutrients for the maintenance of good health.*

Spring Greens (SPG) - Beneficial for the maintenance of blood health.* Helps to maintain a healthy immune system.* Provides nutrients for overall good health.* (As seasonally available) Lamb's Quarters, Inkberry Leaf, Swiss Chard, Collard Greens, Dandelion Leaf, Narrow Dock, Radish Leaves, Kale, Curly Leaf Mustard, Spinach, Horseradish Leaf).

Spring Violet (VIO) - Helps to soothe the throat.*

ST.-W (STW) - Beneficial for occasional stomach discomforts.* (Figs, Flax Seed, Bitter Aloe, Dandelion Root).

NOTICE: This product contains cape aloe. Read and follow directions carefully. **Do not use if you have or develop diarrhea, loose stool, or abdominal pain because cape aloe may worsen these conditions and be harmful to your health.** Consult your physician if you have frequent diarrhea or if you are pregnant, nursing, taking medication or have a medical condition.

Stillingia (STI) - Support a healthy lymphatic system.* Beneficial as a digestive aid.*

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St. John's Wort (Klamath Weed) (STJ) - Helps to relieve occasional restlessness.* Supports a healthy nervous system.*

Stone Root (STO)- Supports healthy kidney and bladder function.*

Strawberry Leaves (STR) - Helps to maintain healthy bowel function.* Supports intestinal health.*

Sundew (SUN) - Helps to soothe the stomach and relieve occasional gas.*

Sunflower Seed (SFL) - Pure Herbs Sunflower Seed is beneficial for maintaining healthy lungs thereby promoting healthy immune function.*

Superb Supplemental Plus - (120 TABLETS) - Source of Vitamin A to help maintain eyesight, skin, membranes and immune function.*

Vitamin C is an antioxidant for the maintenance of good health.*

Vitamin B Complex:

Helps the body to metabolize carbohydrates, fats and proteins.*

Helps in tissue formation.*

Helps normal growth and development.*

Helps to form red blood cells.*

Vitamin D, calcium and magnesium help in the development and maintenance of bones and teeth.*

Magnesium helps in tissue formation.*

Magnesium helps to maintain proper muscle function.*

Vitamin E is an antioxidant for the maintenance of good health.*

Iodine helps in the function of the thyroid gland.*

Chromium provides support for healthy glucose metabolism.*

Copper helps to produce and maintain healthy connective tissue.*

Iron helps to form red blood cells and helps in their proper function.*

Selenium is an antioxidant for the maintenance of good health.*

Zinc helps to maintain immune function.*

Superb Wheat Grass Extract (SWG) - Helps increase energy.* Beneficial for maintaining healthy cell growth.*

Sutherlandia (SUE)- Supports a healthy immune system.*

Sutherlandia Combination (SOC) - Supports a healthy immune system.* Helps to relieve occasional constipation.* (Sutherlandia, Virginia Snake Root, Cascara Sagrada, Bee Pollen).

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Sweet Root (SWT)- Helps to relieve occasional gas.* Helps to support a healthy immune system.*

T.-W (THW) (liquid & capsules CTHW) (100 ct) - To support healthy thyroid function.* (Dulse, Bladderwrack, Wild Lettuce, Irish Moss).

Tansy (TAN) - Helps to support a healthy menstrual cycle.*

Tart Cherries Extract (TAR)- Pure Herbs Tart Cherries is a natural source of melatonin and is beneficial to aid in healthy sleep.* Pure Herbs Tart Cherries is beneficial for maintaining healthy, clean arteries and a healthy heart.*

T.G. & P.-W (TGP) - Beneficial for the maintenance of healthy teeth and gums.* (Blood Root, Myrrh, White Oak Bark, Marshmallow, Mullein, Mugwort, Indian Tobacco, Scullcap, Knitbone, Black Walnut Hulls, Gravel Root).

Three Bees (TBE) - Helps to enhance energy levels and support healthy immune function.* Beneficial for the maintenance of good health and boost overall wellness.* (Bee Pollen, Bee Propolis, Royal Jelly).

Thyme (THY) - Helps to soothe an occasional upset stomach and helps to relieve occasional gas.*

T.L.C (TLC). - Helps to maintain a healthy respiratory system.* (Bayberry, Virginia Snake Root, D.-W, Bee Pollen "Special," Bee Propolis, Bilberry).

TRQ.-RH (TRQ) - This combination of herbs is beneficial for the nervous system.* (St. John's Wort, Valerian Root, Passion Flower, Hops, White Willow Bark, Kava Kava, Chamomile, Red Raspberry Leaf, Rice Bran, Brewer's Yeast, Rosemary, Angelica Root, Anise, Peppermint Leaf, Chickweed, Licorice, Scullcap).

True American Ginseng (TAG) - Beneficial for overall good health.* Beneficial for glandular support.* Beneficial for energy and stamina .*

True Saffron (TSF) - Helps stimulate blood-flow to the pelvic and uterine region and to relax the uterine muscles to decrease menstrual discomfort.*

Turkey Rhubarb (RHU) - Helps to support healthy digestive function and relief of occasional diarrhea.*

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Turmeric - Pure Herbs Turmeric is beneficial for the relief of menstrual discomfort.* Pure Herbs Turmeric is beneficial to maintain healthy digestion.*

Una De Gato (UNA) - Supports the maintenance of overall women's health.* Helps to maintain joint support.* Supports a healthy menstrual cycle.*

Universal E.R (UER) - Provides support for your nervous system.* (Support Group, Willow, Holly, Crab Apple, Honeysuckle).

Universal E.R W/Aspen (ERA) - (Support Group, Willow, Holly, Crab Apple, Honeysuckle, Aspen).

Universal E.R W/Mimulus (ERM) - (Support Group, Willow, Holly, Crab Apple, Honeysuckle, Mimulus).

U.R.-W (URW) - Helps to maintain a healthy urinary tract and prostate.* Supports healthy kidney and bladder function.* (Cornsilk, Uva Ursi, Gravel Root, Buchu, Yarrow).

Uva Ursi (UVA)- Beneficial tonic for supporting a healthy bladder and kidney.*

Valerian Root (VAL) - Helps to support a healthy nervous system.* Helps to support cardiovascular health.*

Vinca (VIN) - Helps maintain healthy blood pressure already within the normal range.* Beneficial for maintaining a healthy circulatory system.*

Virginia Snake Root (VIR) (1 ounce only) - Helps maintain the structure of the skin.* Helps to support the health of the skin.* Helps maintain the healthy functioning of the skin.* Helps maintain the healthy functioning of the glands in the skin.*

Vita-Lixir (LIX) - Beneficial for overall good health.* (Dandelion Leaves, Carrot Roots, Rice Bran, Wild Rose Hips, Raw Sunflower Seeds, Raw Wheat Germ, Gentian, Bee Pollen).

Vitamin A & D Capsules (60 ct.) CVAD - Supports healthy immune function, specifically throughout the respiratory and intestinal tracts.* Supports the proper growth and formation of bones and teeth, as well as helping with collagen and cartilage synthesis.* Promotes bone formation and mineralization and is essential in the development of an intact and strong skeleton, vital for normal growth and development of the human body.* Helps in the development and maintenance of bones and teeth.* Beneficial for the maintenance of good health.* Helps in the absorption and use of calcium and phosphorus.*

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Vitamin B Capsules (100 ct.) CVIB - B Vitamins play a critical role in supporting metabolism and boosting energy.* Improves muscle tone.* Helps maintain health of the nerves, skin, eyes, hair and mouth.*

Vitamin C Tablets CVIC (1,000MG TR) (120 ct.) - Helps the body to metabolize fats and proteins.* Helps in the maintenance of bones, cartilage, teeth and gums.* Helps to support healthy connective tissue.* Beneficial for the maintenance of good health.*

Vitamin E/Selenium Capsules (60 ct.) CVIE - Beneficial for the maintenance of good health.*

V.M.-W (VMW)- Helps to maintain healthy function of the thyroid gland.* (Kelp, Dandelion, Alfalfa).

V.V.H.-W (VVH) - Supports maintenance of healthy veins and blood vessels.* Helps maintain cardiovascular health.* (Knitbone, Calendula, Chestnut Leaves, White Oak Bark, Wild Rose hips).

W.-W (WOW) - Beneficial for digestive health, occasional constipation and maintaining general overall health.* (Mugwort, Male Fern Root, Pumpkin Seed, Black Walnut Hulls, Cascara Sagrada).

NOTICE: The product W.-W contains Cascara Sagrada. Read & follow directions carefully. **Do not use if you have or develop diarrhea, loose stool or abdominal pain because Cascara Sagrada may worsen these conditions and be harmful to your health.** Consult your physician if you have frequent diarrhea or if you are pregnant, nursing, taking medication or have a medical condition.

Wahoo (WAH) - Pure Herbs Wahoo is beneficial for gall bladder support.* Helps to relieve occasional constipation.*

Wheat Germ (WGM)- Helps to support a healthy respiratory system.*

Wild Peppermint Oil (WPO) - Helps to support healthy respiratory function.*

White Oak Bark (WOB) - White Oak Bark is beneficial for support of healthy thyroid and bladder function.*

White Pond Lily (WPL) - Pure Herbs White Pond Lily is beneficial for female reproductive system support.* Pure Herbs White Pond Lily is beneficial for prostate support.*

Whole Apricot (APR) - Pure Herbs Whole Apricot is beneficial for glandular support.*

Wild Cherry Bark (WCB) - Supports a healthy respiratory system.*

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Wild Cherry Bk. "Special" (WCS)- Pure Herbs Wild Cherry Bk. "Special" supports a healthy immune system.* Pure Herbs Wild Cherry Bk. "Special" supports a healthy respiratory system.* (Wild Cherry Bark, Wild Rose Hips, Bilberries).

Wild Lettuce (LET)- Pure Herbs Wild Lettuce is beneficial for lungs and bronchial support.* Helps to promote a feeling of calmness.*

Wild Lettuce & Wood Betony (WWB) - Beneficial for maintaining healthy circulatory function and to help alleviate minor aches and pains associated with daily life.* (Wild Lettuce, Wood Betony).

Wild Rose Hips (HIP)- Helps in the healthy development and maintenance of bones and soft tissue and supports maintenance of healthy veins and blood vessels.*

Wild Yam (YAM) - Helps to relieve occasional cramping associated with menstruation.*

Willow (WIL)- Pure Herbs Willow promotes relaxation.* Pure Herbs Willow is beneficial to maintain healthy urinary function.* Pure Herbs Willow is beneficial for maintaining blood pressure already within a normal range.*

Wintergreen Oil (WGO)- Helps to support a healthy respiratory tract.*

W.L.-S (WLS) (liquid or capsules 100 ct.CWLS)) - Beneficial in providing nutrients to aid in weight reduction.* Helps to support a healthy digestive tract and circulatory system.* (Chickweed, Blue Vervain, Greasewood, Bladderwrack, Capsicum and Dandelion Root).

W.L.-W (WLS) - Supports healthy thyroid function and a healthy metabolism.* (Chickweed, Gentian, Siberian Ginseng, Dulce, Dandelion Leaf, Licorice Root, Cascara Sagrada).

NOTICE: This product contains cascara sagrada. Read and follow directions carefully. **Do not use if you have or develop diarrhea, loose stool, or abdominal pain because cascara sagrada may worsen these conditions and be harmful to your health.** Consult your physician if you have frequent diarrhea or if you are pregnant, nursing, taking medication or have a medical condition.

Wood Betony (BET)- Supports a healthy circulatory system.*

Wormseed (WOR) - Promotes healthy nerve and brain function.*

Yarrow (YAR) - Pure Herbs Yarrow is beneficial for healthy bladder function.* Pure Herbs Yarrow is beneficial to help maintain healthy blood pressure already within the normal range.* Pure Herbs Yarrow is beneficial to maintain healthy urinary flow.*

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Yellow Dock (DOC) - Pure Herbs Yellow Dock is beneficial as a tonic to support the lymphatic system and good skin health.*

Yerba Santa (YSA)- Helps to support a healthy respiratory tract.*

Yerba Santa Combination (YSC) - Helps to support a healthy respiratory tract.* (Yerba Santa, Indian Tobacco, Mullein).

Yokum (YOK)- Pure Herbs Yokum is beneficial for parasympathetic nervous system support.*

YTH.E.-I – (YTH) Beneficial for overall good health.* (Spirulina, Bilberries, Alfalfa, Royal Jelly, Wild Yam, Irish Moss, Papaya Mints, Yucca).

Yucca (YUK) - Pure Herbs Yucca is beneficial for the maintenance of healthy cartilage and joints.* Promotes lubrication for joint comfort.*

Z.C.B.-J (ZCB) - Helps to relieve occasional muscle spasms.* (Scullcap, Sage, Dandelion Root, Plantain, Chippewa Pine, Blue Vervain).

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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